



E-Poster Guidelines

Presented during the conference in 3–4 min

Conference: Life Sciences for Sustainable Development – USAMV Cluj-Napoca,

24th– 26th September, 2026

Language: English

Format: Can be created using PowerPoint, Canva, Vimeo, etc.

Note: Ensure text is clear, visuals are high-quality, and content is visible at a distance/screen share.

1. Title / header

- Title of your research
- Author(s): [Full Name(s)]
- Affiliation(s): [University, Faculty, Department]
- Conference Info: Presented at “Life Sciences for Sustainable Development” – USAMV Cluj-Napoca, 24th– 26th September, 2026
- [Optional: Logo of the university or faculty]

2. Introduction / background (Approx. 30–40 seconds)

- Brief context or problem area
- Why is this research important in the field of life sciences or sustainability?
- Your research objective(s) or question(s)
- [Optional: 1 relevant photo, infographic, or symbol related to the topic]

3. Materials and methods (Approx. 40–60 seconds)

- Key methods or approaches used in the research
- Mention tools, technologies, experiments, or processes
- Use visuals: flowchart, diagram, icons
- Bullet points or short paragraphs only

4. Results / Key findings (Approx. 60–90 seconds)

- 2–3 main findings clearly summarized
- Use of graphs, tables, or high-quality visuals
- Mention trends, patterns, or notable data points
- Make sure graphs and labels are large and readable
- Optional: brief data interpretation

5. Conclusions & implications (Approx. 30–45 seconds)

One-paragraph.

Highlight the most significant results, but do not repeat what you have written in the Results section. State only conclusions that are directly supported by the evidence and the implications of your findings.

- What did you learn from the study?
- How can the results contribute to sustainable development or the life sciences field?
- Optionally: include next steps or limitations

6. Contact information / acknowledgements (Last 15–20 seconds)

- Name, email, or contact details
- Acknowledgements (e.g., funding sources, lab, mentors) if applicable
- **Optional: Add a QR code linking to the full paper, video presentation, or project website**

Tips for final poster presentation

- Use large fonts (min. 20 pt for text, 32 pt for titles)
- Use clear, high-resolution images and simple color palettes
- Avoid long paragraphs; stick to concise, clear language
- Practice reading your poster aloud – time yourself to stay within 3–4 minutes
- Ensure all visuals are readable from a screen or when shared via video
- If using Canva, PowerPoint, or Vimeo, export at high resolution or share a clear link